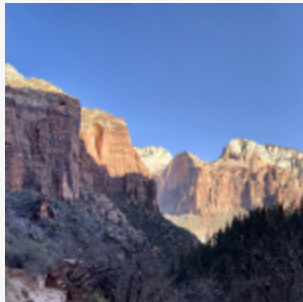




WHY I MOVE SO MUCH

Many of you know I like to stay active. I'm an avid competitor in Ironman races, and I regularly bike, swim, and run. You can also find me up on the slopes in the winter! And if I'm not training, I try to get in at least one hour of exercise every day. It may sound excessive, but I have a few good reasons.

The foundation for this lifestyle started with ... [CONTINUE READING](#)



EXPLORE UTAH WITH ATTORNEY KATHERINE BROWNLOW

Up on this month's blog, our attorney Katherine Brownlow takes us to the landscapes of Utah, where she explores a beautiful scene. Check out a short teaser below.

"One of my favorite things about living in northern Colorado is the easy access to some truly stunning natural wonders. While we have many world-class destinations in our backyard, I recently ventured further afield ... [CONTINUE READING](#)



3 GREAT BURGER SPOTS IN FORT COLLINS

Check out some of the best burger spots in Fort Collins in honor of National Burger Month. We promise you will leave happy and full! ... [CONTINUE READING](#)