



Why I Practice for the Race Course and the Courtroom

After a yearlong hiatus, the Summer Olympics in Tokyo are scheduled to begin this month, and as a self-described passionate old athlete, I can't wait. I've always been impressed by the dedication and preparation of Olympians. I'm going to date myself here, but I can remember watching the Olympics back when Mark Spitz shattered Olympic records at the 1972 Munich summer games. I even remember waking up at 4 a.m. just to ... CONTINUE READING



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WHAT'S GOING ON AROUND FORT COLLINS THIS MONTH?